

CREATE WEEK

‘IN THE SMALL THINGS’ MAKING A SHORT FILM WITH JAY AMIN

A short film celebrating the beauty in the small things.

There is beauty everywhere – in steam curling from a mug, the play of shadows on a wall, or the soft murmur of birdsong. This film is a creative invitation to encourage you to really see the world around you. Think of it as a visual meditation or a love letter to life’s ordinary details.

MATERIAL LIST

You will need

- Smart Phone / Camera
- A free video editing app like CapCut or InShot

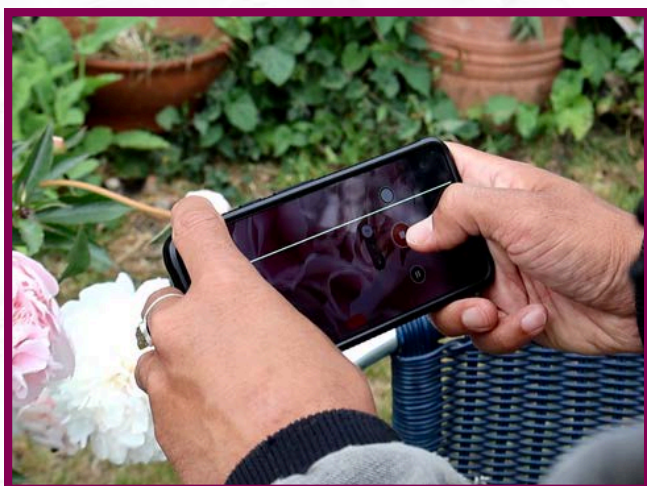


DAY 6
Filmmaking

STEP 1

Set your intention

Take a moment to slow down and notice the small, beautiful details around you - at home, on a walk or wherever you are.



STEP 2

Capture 5 - 10 short clips

Use your phone to film 10-20 second videos of quiet moments. Some ideas:

- Steam rising from a mug
- Shadows on the wall
- Leaves in the breeze
- A candle flickering
- Footsteps or bird sounds

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STEP 3

Edit your video

Use a free video editing app like CapCut, VN or InShot.

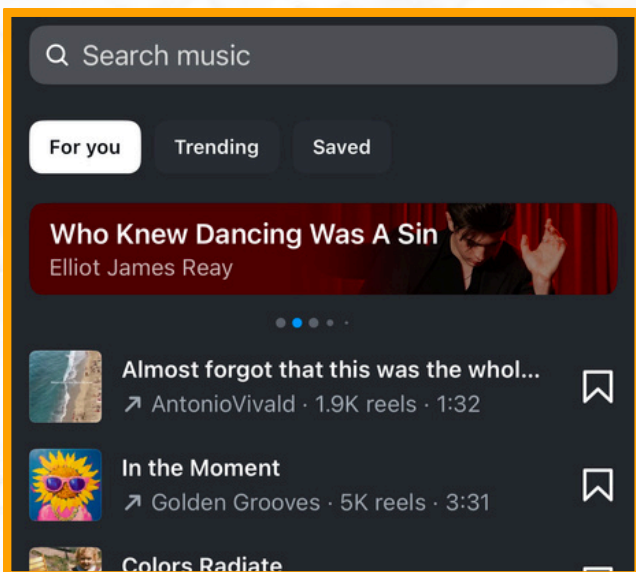
- Put your clips together into a one minute film
- Optional: Add some background music (many apps have free options) or a few words if you can / want



STEP 4

Watch & reflect

Watch your finished video. What did you notice? What small moments brought you joy? Are there any shots that you would like to capture for your next film?



STEP 5

Share it with us

If you want you can share your video online using #CreateWeek or simply keep it for yourself as a creative reflection.

Tip: When posting your film, use copyright-free music from your editing app, or choose licensed music available directly on Instagram, YouTube, etc.

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ABOUT THE ARTIST

Jay Amin is a film director and editor whose work is shaped by a rich, cross-cultural upbringing between South Africa and England. With a Gujarati Indian father and a Geordie English mother, Jay's dual heritage and nomadic childhood have given him an outsider's perspective — one that fuels his creativity and sharpens his eye as both observer and storyteller. After studying Digital Film Production at Ravensbourne University, Jay has spent the past decade directing and editing a diverse range of projects. His portfolio includes music videos and short films shot in Ghana, documentary work for USAID in Sri Lanka, and editing for the UN and World Food Programme. He has also co-directed a feature documentary on Mormonism in Poland and Denmark and won the Cultura Inquieta short film competition for Recycle and Reimagine. He continues to craft personal experimental films. Jay's filmmaking is driven by contradiction. Often rooted in expressive realism, his work explores the tension between brutality and beauty, reflecting on the complexities of human experience.

👉 **DON'T FORGET TO TAG YOUR CREATION ONLINE USING #CREATEWEEK SO WE CAN SEE WHAT YOU MADE!**

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